

# ENVIRONMENTAL Decalogue

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# BENIDORM

## Reduce



Save energy: Disconnect electrical appliances when you don't use them, and use energy-saving light bulbs.



Ration the water: it is preferable to shower 5 minutes, rather than taking a bath.



Avoid the car: walk or take the bicycle and public transport.



Decrease the consumption of fats and industrial products. Sign up for the Mediterranean diet and consume preferably fruits, vegetables and fish.

## Re-use



Use sheets of paper on both sides.



Go shopping with your reusable bags. Avoid plastics, our seas are dying because of them.

## Recycle



Remember: blue container, paper and cardboard; green container, glass; yellow container, plastic, cans and bricks.



Place used batteries, bulbs and electrical appliances in the designated places.

## Take Care



Respect nature and animals; do not buy nor take home with you any protected species.



Never leave your waste on the beach or on the mountain; take care of our planet.