

4. Training Benidorm San Silvestre

A festive race for the whole family, with many runners following tradition and wearing fancy dress. The 2-loop course is flat, with the start and finish in Calle Bilbao. A race with a great atmosphere!



6,260m route
(2 loops)
Start/Finish Avenida Bilbao

6,26 km Yes
159 m 30 m
159 m 4 m
Technical difficulty
● Easy
Time
20 minutes

START: Avda. del Mediterráneo (at Calle Bilbao)
Ctra. Dr. Pérez Llorca
Left turn: C/ Valencia
Avenida Alcoy (Paseo Levante)
Avenida Madrid (Paseo Levante)
Left turn: Avenida Castellón
Left turn: Avenida Mediterráneo. (LOOP 1)
Ctra. Dr. Pérez Llorca
Left turn: C/ Valencia
Avenida Alcoy (Paseo Levante)
Avenida Madrid (Paseo Levante)
Left turn: Avenida Castellón
Left turn: Avenida Mediterráneo.
Left turn: Avenida Bilbao - **FINISH**



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5. Training Benidorm night Half-Marathon

Route approved in 2016. The race starts near Benidorm City Hall and finishes at City Hall. Very fast route taking runners alongside Levante and Poniente beaches and through nearby streets. Practically the entire route is at sea level and as runners go through Benidorm city centre, the crowd support is fantastic.

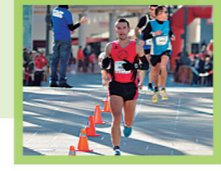


21,250m route
(1 loop, crossing the streets near the start and finish at Benidorm City Hall in Plaza SSMM Reyes de España several times)

21,25 km Yes
365 m 47 m
365 m -1 m
Technical difficulty
● Easy
Time
1 hour 12 minutes

Start: Plaza Doctor Fleming (Start line at the Bridge Arch)
• Straight along C/ El Puente
• Straight along Plaza De La Hispanidad
• Straight along Avenida Mediterráneo (Left lane towards Rincón de Loix)
• 180° right turn Avenida Mediterráneo (Left lane towards the City Centre)
• Left turn Calle Gambo
• Left turn Martínez Alejos
• Left turn Avenida Alcoy
• Left turn Avenida de L'Ametlla de Mar
• Straight along Avenida Severo Ochoa
• 180° left turn at C/ Otto de Hamburgo
• Straight along Avenida Severo Ochoa
• Straight along Avenida L'Ametlla de Mar
• Right turn Avenida Mediterráneo (Left lane towards the City Centre)
• Straight along Avenida Mediterráneo (Left lane towards the City Centre)
• Straight along Plaza De La Hispanidad
• Left turn C/Gambo
• Right turn Paseo de La Carretera
• Straight along Alcalde José Such Ortega
• Straight along C/ San Pedro
• Left turn Armada Española
• Straight along Armada Española
• Straight along Avenida Villajoyosa
• Left turn C/ Oviedo

• Left turn C/ La Cala • Right turn Tamarindo
• 180° left turn Tamarindo
• Straight along Avenida Vicente Llorca Alos
• Right turn Armada Española (at the Beach Police point)
• Straight along Armada Española
• Right turn C/ San Pedro
• Straight along Alcalde José Such Ortega
• Right turn CV Alicante
• Left turn Cuatro Esquinas
• Straight along Plaza De La Constitución
• Straight along Carmela Martínez
• Straight along Plaza Canalejas
• Left turn Plaza del Torreón
• Straight along Mare de Deu del Sufratge
• Straight along Alcoy
• Straight along Madrid
• Left turn Castellón
• Left turn Avenida Mediterráneo (Left lane towards the City Centre)
• Straight along Avenida Mediterráneo (Left lane towards the City Centre)
• Straight along Plaza De La Hispanidad
• Straight along C/ El Puente
• Straight along Plaza Doctor Fleming
• Right turn Plaza SS. MM. Los Reyes de España

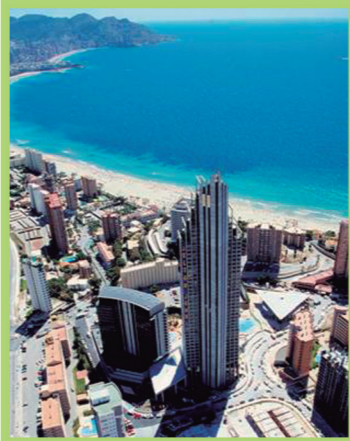


6. Gran Hotel Bali Tower Run

The Benidorm Gran Hotel Bali Tower Run is a race that consists of running up 52 floors and 924 steps of this skyscraper in the fastest possible time. The Hotel Bali stands 186 metres high (210 metres including the mast at the top) and is the tallest hotel in Europe.

Technical difficulty: Very difficult

186m high route
Start/Finish Gran Hotel Bali, Calle Luis Prendes
Maximum number of runners 120



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Benidorm

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Benidorm

Running

With its close to 6 kilometres of urban beaches, Benidorm is a city made for running. There are some fantastic seaside footpaths and plenty of pedestrian streets too. It's the best setting for fans of outdoor running. A sustainable city that allows you to combine sport and exercise with beautiful surroundings.

When you travel to Benidorm, don't forget to pack your running shoes. The city's excellent climate, with little rainfall all year round and very mild winter temperatures, means it has a set of unique conditions for running. The wide variety of terrain found here, from practically flat land running along the coast, to the rugged mountainous areas nearby, make Benidorm an exceptional spot for practising this sport. While you're running you can gaze at the mountains and the sea at the same time, do some sightseeing in the city or discover hidden spots.

Benidorm's many runners and visitors can also take part in the long list of races and fun runs held in the city all through the year.

Check the sport agenda:

www.visitbenidorm.es

USEFUL TELEPHONE NUMBERS:

- Local Police..... 092
- Emergencies..... 112

1. Training Cross del Calvari

One of the oldest races in the Community of Valencia. The route runs round the Levante and Avenida del Mediterráneo area. Very fast 2-loop circuit no longer than 8k.



7,69 km	Yes	Technical difficulty
149 m	30 m	• Easy
149 m	4 m	Time
		25 minutes

START: Avda. de Martínez Alejos
Alameda de D. Pedro Zaragoza
C/ de Carmela Martínez,
Plaza del Torreón
Avda. de Virgen del Sufragio
Avda. de Alcoy
Avda. de Madrid
C/ Castellón
Avda. del Mediterráneo
Plaza de la Hispanidad
C/ de Dr. Pérez Llorca.
FINISH: Avda. de Martínez Alejos



2. Training Race to the Cross

A road race that's just over 10 km, starting and finishing at Benidorm City Hall. The route follows Paseo de Levante and climbs up to the cross at Sierra Helada. The difficulty level is high due to the hilly terrain. Kilometres 3 to 5 climb from 0 to 250 metres above sea level at the Cross, where runners turn round to make their way back to City Hall. The perfect route for hill climbing fans, with views over Benidorm and some beautiful sunsets.



9,98 km	Yes	Technical difficulty
420 m	209 m	• Difficult
420 m	-2 m	Time
		37 minutes

START: Benidorm City Hall
Carrer el Pont
Plaza Hispanidad
Right turn: Dr. Pérez Llorca
Left turn: C/ Valencia
Avenida Alcoy (Paseo Levante)
Avenida Madrid (Paseo Levante)
Left turn: Calle Alcalde Manuel Catalán Chana
Left turn: Calle Dos Calas
Right turn: Calle Sierra Dorada
Avenida Tokio
Left turn: Calle Taywan - to the end
180° turn (HIGHEST POINT)
Calle Taywan
Right turn: Avenida Tokio
Calle Sierra Dorada
Left turn: Calle Berlín
Left turn: Avenida Estocolmo
Right turn: Avenida Madrid
Avenida Alcoy
Right turn: Avenida Valencia
Right turn: Dr. Pérez Llorca
Left turn: Plaza Hispanidad
Carrer el Pont
FINISH: Benidorm City Hall



3. Training Benidorm 10K

A 10 kilometre race following a route approved in 2016. The race starts and finishes near Benidorm City Hall. The fast, flat route runs through the area of Levante and Rincón de Loix, with one short loop to the end of Avenida del Mediterráneo, plus another longer loop along Avenida del Mediterráneo, Paseo de Levante and Avenida Dr. Severo Ochoa.



10,11 k	Yes	Technical difficulty
148 m	30 m	• Easy
148 m	1 m	Time
		33 minutes

- **START:** Plaza Dr. Fleming (Starts from the Bridge Arch)
- Straight along C/ El Puente
- Straight along Plaza De La Hispanidad
- Straight along Avenida Mediterráneo (Left lane towards Rincón de Loix)
- 180° right turn Avenida Mediterráneo (Left lane towards the City Centre)
- Straight along Plaza De La Hispanidad
- Left turn C/ Gambo
- Left turn C/ Martínez Alejos
- Left turn Avenida Alcoy
- Straight along Avenida Madrid
- Left turn Avenida de L'Ametlla de Mar

Straight along Avenida Severo Ochoa
180° left turn Avenida Severo Ochoa (at Otto de Hamburgo)
Straight along Avenida Severo Ochoa
Straight along Avenida de L'Ametlla de Mar
Right turn Avenida Mediterráneo (Left lane towards the City Centre)
Straight along Avenida Mediterráneo
Straight along Plaza de la Hispanidad
Left turn C/ El Puente Right turn Plaza Doctor Fleming
FINISH Plaza SS. MM. Los Reyes De España

